

Connected Coaching and Leadership

In our Connected Coaching and Leadership programmes we take coaching to the next level. This isn't about the standard training of skills and letting others find the solution – although we cover these as a given. Instead, our programmes focus on who the leader or manager is *being* as the coach; how they can work *transformatively* with their people; and teaches advanced skills which enable them to really shift their people from potential to the next level of performance. Your leaders and managers will step beyond a mind and emotion led approach to what we call Connected Coaching; the ability to use their own energy and intuitive senses to release the energy and potential in others.

Connected Coaching

Our core coaching programme with an emphasis on who the Coach/Manager is 'being' with their people and how they can create the space for their potential to really be released. Most companies are now aware that the key role of their managers is to see the potential in their people and to get them to really step up so that they are operating at the highest level. The key to this is energetic; helping others feel capable, powerful, confident and able to create results beyond their current thinking. This confidence has to be felt and role modelled by your Managers first creating a buzz in the organisation that makes others want to be involved and learn new ways of operating.

Any programme is, of course, designed to fit your organisation and to deliver the shifts in behaviour and results that your organisation needs.

Your Managers will learn

- ❖ How to use their own energy to create an environment full of potential and possibility for the people they manage
- ❖ How to interact with individuals in a way that shifts them into their own potential and leadership
- ❖ How to see and release the potential in any situation even when it feels like a problem
- ❖ How to choose empowering perspectives to create momentum in any situation
- ❖ How to use emotion powerfully as the fuel for growth and movement
- ❖ How to move beyond Empathy to Empowerment
- ❖ Transformative coaching skills: Transformative Listening, Questioning and Reflecting Back to Release Potential, Accessing Intuition, Sensing Beyond Empathy.

Connected Leadership Coaching

Connected Leadership Coaching takes leadership and coaching to a new level. In order to be able to inspire, lead and coach others, your leaders need to access the most powerful, expansive place inside them and to learn how to live and operate from there. Our Connected Leadership Coaching programme starts with the Leaders – who they are being and what they can create. We then move on to how they see and hold others and how they can create the space for others to step into and then the skills they need to communicate with. Many of the core modules are as our ‘Connected Coaching’ programme but with a deeper emphasis on Leadership.

This programme is designed specifically to the individual needs of your leaders. However, core modules may include:

- ❖ Different paradigms of leadership and stepping into Visionary Leadership
- ❖ Discovering the ‘real you’ and the most powerful place to operate from which you can naturally lead
- ❖ Connecting to potential and vision
- ❖ Creating environments for success - how to use their own energy to create an environment full of potential and possibility for the people they manage
- ❖ Leadership presence: how to inspire others in a way that stirs something inside them and moves them towards the potential of any situation.
- ❖ How to interact with individuals in a way that shifts them into their own potential and leadership
- ❖ How to see and release the potential in any situation even when it feels like a problem
- ❖ How to choose empowering perspectives to create momentum in any situation
- ❖ How to use emotion powerfully as the fuel for growth and movement
- ❖ How to move beyond Empathy to Empowerment
- ❖ Transformative coaching skills: Transformative Listening, Questioning and Reflecting Back to Release Potential, Accessing Intuition, Sensing Beyond Empathy.

Contact us today to discuss how to develop inspiring managers and leaders in your organization:

Email: info@genergy.uk.com

Phone: 0845 259 2193